

# **RSE Policy**

## **Corporation Road Community Primary School**



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Policy prepared by (name and designation)	Alice Sowerby PSHE And Personal Development Lead
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## Relationships Sex Education Curriculum Policy

### Vision

At Corporation Community Primary School, we aim to prepare our children for the next stage of their lives and the world of work that awaits them; to appreciate and promote equality and diversity and to be healthy; hard-working citizens representing fundamental British Values and our school virtues.

Corporation Road Community School is a truly special place. The notion that we have a school that develops children in to more than a 'set of results' is the bedrock of our vision and ethos. Our school aims to develop children in to 'good citizens', who will go on to do 'great things'. Developing children's character, through positive attitudes, resilience, respect, kindness and care are central to daily life at Corporation Road Community School.

Pupils are encouraged to ask relevant questions to develop their knowledge and understanding of RSE.

### What Is Relationships and Sex Education (RSE)?

Relationships and sex education is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. Some aspects are taught in science and others are taught as part of personal, social, health, citizenship and economic education (PSHE).

### Relationships And Sex Education In This School Has Three Main Elements:

#### Personal And Social Skills

- Managing emotions within relationships confidently and sensitively.
- Developing positive self-esteem and confidence.
- Developing and demonstrating self-respect and empathy for others.
- Making informed choices with an absence of prejudice.
- Developing an appreciation of the consequences of choices made.
- Managing conflict.
- Empower pupils with the skills to be able to recognise inappropriate/uncomfortable situations and/or behaviours with their peers and adults.

#### Attitudes And Values

- Learning the importance of values, individual conscience and moral choices.

- Valuing family life, stable and loving relationships, and marriage.
- Learning about the nurture of children.
- Demonstrating the values of respect, love and care.
- Exploring, considering and understanding moral dilemmas.
- Developing skills including negotiation and decision making.
- Challenging myths, misconceptions and false assumptions.

### Knowledge And Understanding

- Learning and understanding about physical and emotional development at appropriate stages.
- Learning about reproduction, human sexuality, personal health, emotions and relationships.
- Learning about where to go for help or advice in school and how to access a range of local and national support agencies

### Aims

The aim of RSE is to provide balanced, factual information about physical and emotional changes, together with consideration of the broader emotional, ethical, religious, and moral dimensions of sexual health. These aims will be taught with a cross-curricular approach. Our RSE programme aims to prepare pupils for an adult life in which they can:

- Develop positive values and a moral framework that will guide their decisions, judgements and behaviour.
- Have the confidence and self-esteem to value themselves and others and respect for individual conscience and the skills to judge what kind of relationship they want.
- Understand the consequences of their actions and behave responsibly within personal relationships.
- Avoid being pressured into uncomfortable or dangerous situations.
- Communicate effectively by developing the appropriate language for sex and relationship issues.
- Develop awareness of their sexuality, challenge sexism and prejudice, and promote equality and diversity.
- Have sufficient information and skills to protect themselves in a variety of situations.

- Be aware of sources of help and acquire the skills and confidence to access advice and support, if necessary.

### Organisation And Content Of Relationships And Sex Education

At Corporation Road Community Primary School, we deliver relationships and sex education through our PSHE and Science curriculum.

Our staff are the best people to work with pupils on many of the RSE topics as they are aware of each pupil's individual circumstances. However, sometimes a trained professional may deliver a session, if this is the case parents will be notified. RSE lessons are set within the wider context of the PSHE curriculum and focus on the emotional aspects of development and relationships as well as puberty and human reproduction. Some aspects of reproduction are covered as part of our Science curriculum.

Some RSE lessons may consider questions or issues that some pupils find sensitive. Before embarking on these lessons, a group agreement and rules are established which ensure that all participants are sensitive to the topics being discussed.

When pupils ask questions, we aim to answer them honestly, at an age appropriate level and within the group agreement established at the start of the session. If it is felt that answering a specific question would involve information at a level inappropriate to the age and development of the rest of the pupils, the question will be dealt with individually at another time and parents would be notified.

More experienced teachers may support staff that are uncomfortable with teaching certain aspects of the RSE curriculum. Support and professional development will be provided for these staff so that they can develop their confidence in delivering the whole of the RSE programme.

### RSE Scheme of Work

RSE is part of our PSHE curriculum. Throughout the curriculum, the following key themes are covered:

- Rights And Responsibilities
- Money
- Health
- Feelings And Friendships
- Safety And Risk
- Identity

### Inclusion

We intend for our policy to be sensitive and address the diverse needs of the different cultures, faiths, disabilities, sexual orientations and religious groups within our school. We encourage parents and carers to discuss any concerns with the Head Teacher.

Furthermore, we will ensure that all pupils receive an age appropriate sex and relationship education, and we will offer provisions appropriate to the needs of all our pupils, including those with special educational needs, taking specialist advice where necessary.

In addition, in terms of sexual identity, we aim to deal sensitively and honestly with issues of sexual orientation, answer appropriate questions and offer support. Pupils, whatever their developing sexuality, need to feel that sex and relationship education is relevant to them.

#### Right To Request Withdrawal From Relationships And Sex Education

A request to withdraw children from relationships and sex education may be made by parents or carers who do not wish for their children to participate in relationships, sex and health education. However you cannot withdraw from all statutory areas including those topics covered in science.

We aim to work in partnership with parents and carers to provide an age-appropriate education for our pupils, keeping them safe from harm and understanding how they grow and develop.

To parents, if you are unsure about the curriculum and have questions or queries please feel free to speak to our curriculum lead who will discuss the policy, the scheme of work and lesson content and show you our resources. If you wish to request withdrawal, you must make this request and discuss it with the Head Teacher.

#### Sex And Relationships Education In The context Of The National Curriculum:

Corporation Road Community Primary School has a statutory duty to teach the following as part of the Science National Curriculum:

##### Key Stage 1

- Notice that animals, including humans, have offspring which grow into adults.

##### Key Stage 2

- Describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird.
- Describe the life process of reproduction in some plants and animals.
- Describe the changes as humans develop to old age.
- Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents.

Parents do not have the right to withdraw their child/children from these above aspects of the Science National Curriculum.

#### Confidentiality And Safeguarding

Some children may have concerns which they wish to share with a teacher and whilst teachers wish to be supportive it is important that they realise that absolute

confidentiality cannot be given and this will be made clear when forming any class group agreement.

Children are not legally capable of consenting to sexual activity. Any offence under The Sexual Offences Act 2003 involving a child is very serious and should be taken to indicate a risk of significant harm to the child. Cases involving children will always be discussed with the Designated Safeguarding Lead. Protection procedures will then be followed, if appropriate.

The curriculum is underpinned with key safeguarding elements throughout – teaching children about consent, privacy, rights and responsibilities in relation to themselves and others.

#### External Visitors And RSE

To support with the delivery of the RSE curriculum, external visitors may deliver some content. The external visitor will work alongside a member of school staff, deliver content inline with the school's ethos and planning, and parents will be notified of an external visitor's involvement.

#### Monitoring and Evaluation of Relationships and Sex Education

It is the responsibility of the PSHE Lead to oversee and organise the monitoring and evaluation of RSE and PSHE.

#### Assessment

Every PSHE lesson includes formative assessment opportunities for teachers to use. These opportunities are included to ensure that misconceptions are recognised and addressed if they occur. They vary from teacher observation to verbal questioning. All PSHE lessons start with retrieval questions which help children to prepare for their lesson. This includes a retrieval question from the previous and current topic as well as a thinking task that allows children to link their past and present learning.

At the end of every lesson, pupils are invited to assess how well they feel they have met the learning objective.

At the end of a unit of work, pupils are given an end of unit summative assessment which assesses their knowledge and skills. The end of unit assessments are used to indicate if pupils are working at the expected standard.