

Corporation Road – PE Long Term Overview

	Autumn		Spring		Summer	
Nursery	Simple command games – stop/start	Ball skills - kicking, throwing, dropping, rolling	Balancing on Body Parts. Climbing/Balancing Apparatus	Movement to music Re-visit Ball Skills	Jumping Re-visit Ball Skills	Races Dance sequence of movements
Reception	Walking 1	Jumping 1	High, Low, Over, Under	Nursery Rhymes	Hands 1	Feet 1 Sports Day Practise
Year 1	Team building The Zoo	Jumping 1 Body Parts	Feet 1 Hands 1	Hands 1 Hands 2	Hands 2 Growing	Running 1 Games for Understanding
Year 2	Team Building Health and Wellbeing	Dodging 1 Jumping 1	Pathways Feet 1	Feet 1 Hands 1	Hands 1 Games for Understanding	Hands 2 Explorers
Year 3	Running Throwing & Jumping	Symmetry & Asymmetry Wild Animals	Tag Rugby	Cricket	Communication & Tactics Orienteering	Athletics Competitions
Year 4	Running Throwing & Jumping	Bridges Space	Football	Cricket	Problem Solving Orienteering	Athletics Competitions
Year 5	Orienteering The Circus	Running Throwing & Jumping	Netball	Cricket	Athletics Competitions	Basketball
Year 6	Orienteering Carnival	Running Throwing & Jumping	Netball	Cricket	Athletics Competitions	Rounders

