

Questions

1. When does Children's Mental Health Week begin? Tick **one**.

- 9th February
- 30th January
- 13th February
- 3rd February

2. What charity organises Children's Mental Health Week?

3. What was the 2019 theme for Children's Mental Health Week?

4. What is a patron?

5. Which of these words is closest in meaning to launch? Tick **one**.

- finish
- work
- catch
- start

6. What does The Duchess of Cambridge say shapes who we become as adults?

Questions

7. Explain what the author means by the sentence: 'Place2Be and Children's Mental Health Week do not claim to wave a magic wand...'

8. Give an example or situation, suggested in the text, when someone could try to be brave.

9. Explain what you think could be the positive outcomes of Children's Mental Health Week.

Answers

1. When does Children's Mental Health Week begin? Tick **one**.

- 9th February
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2. What charity organises Children's Mental Health Week?

Place2Be

3. What was the 2019 theme for Children's Mental Health Week?

Healthy: Inside and Out

4. What is a patron?

An official supporter of a charity.

5. Which of these words is closest in meaning to launch? Tick **one**.

- finish
- work
- catch
- start**

6. What does The Duchess of Cambridge say shapes who we become as adults?

Pupil's own response, such as: The Duchess of Cambridge said that our earlier experiences of the world (as a child) shape who we become as adults.

Answers

7. Explain what the author means by the sentence: 'Place2Be and Children's Mental Health Week do not claim to wave a magic wand...'

Pupil's own response, such as: The author means that Place2Be cannot instantly remove the difficulties and challenges that children and young people might face because they do not have that power. Instead, they can work towards making a difference in their lives.

8. Give an example or situation, suggested in the text, when someone could try to be brave.
Pupil's own response, such as: In the text, it suggests to try being brave by:

- **Speaking up in class**
- **Standing up for someone**
- **Volunteering to do something**
- **Try a new skill or activity**

9. Explain what you think could be the positive outcomes of Children's Mental Health Week.

Pupil's own response, such as: I think the positive outcomes of Children's Mental Health Week could be that more support is given to people who might be struggling with their mental health because there will be more awareness about wellbeing and mental health in children.