



**Corporation Road Community  
Primary School  
Physical Education (PE)  
Curriculum Policy  
(October 2017)**

**Approved by the Governing Body**

**Chair of Governors: Mrs Val Johnston**

**Date: October 2017**

**To be reviewed: October 2020**

## Vision

At Corporation Road Community Primary School, we believe that Physical education and sport have a vital role to play in the physical, social, emotional and intellectual development of children. Physical education and sport are important in giving children the knowledge, understanding and the tools to make informed choices about healthy living and have a positive impact on their own health and well-being.

The physical education curriculum at Corporation Road Community Primary School, aims to provide for pupils' increasing self- confidence through an ability to manage themselves successfully in a variety of situations. Children will have the opportunity to take part in a wide range of sports and physical activities, carried out in a safe and supportive environment, where effort and hard-work, as well as success, is celebrated and enjoyment and working together is promoted.

## Aims

- To provide a curriculum that satisfies the requirements of the National Curriculum.
- To provide **up to** two hours of high quality physical activity per week for all pupils.
- To provide an environment in which pupils enjoy and are committed to PE and sport.
- To ensure pupils understand that physical activity is an important part of a healthy lifestyle, including social and emotional well-being; both in and out of school and now and in the future.
- To provide all pupils, irrespective of ability, opportunities to experience and succeed in positive, enjoyable and stimulating PE and sport.
- To provide opportunities, within the school (intra) and between schools (inter), for pupils to participate in a range of competitive, creative and challenge-type activities, as individuals and as part of a team.
- To develop competence in the fundamental movement skills and control in gross and fine motor skills.
- To develop stamina, suppleness, strength and agility and the determination and resilience to keep going.
- In lessons, to establish: clear learning objectives and success criteria, opportunities for pupils to demonstrate their knowledge, understanding and competence, challenges to enable pupils to select and use skills with regards to tactics and composition and other opportunities for pupils to communicate, solve problems and make decisions.
- To provide an out of school hours' programme of activities which enables pupils to extend and enrich curriculum provision.
- To establish good habits: an awareness of safety and hygiene and being responsible for PE equipment.

## Curriculum

At our school long and short term planning embraces the National Curriculum and is planned to demonstrate a progression of skills from year to year. The Long term plan is amended annually and additional changes may be made during the academic year to accommodate last minute competitions or festivals. Long term planning is devised by the PE Coordinator with short term planning devised and delivered by specialist PE coaches. The planning and delivery of these sessions ensures all pupils have the opportunity to:

- acquire and develop new skills
- select and apply appropriate skills, tactics and compositional ideas
- evaluate their own and others' performance in order to improve

- gain knowledge and understanding of how PE and sport contributes to staying physically, mentally and emotionally healthy

All children participate in 1 planned lesson a week with additional opportunities for participation during lunchtimes and after school.

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1	<b>Basic Skills</b> (Jumping, balancing, awareness of space, running)	<b>Gymnastics</b> (Floor based and beginning to use apparatus)	<b>Basic Skills</b> (Target, throwing, catching, striking, kicking)	<b>Dance</b>	<b>Fitness &amp; Athletics</b> (Including Sports Day practise)	<b>Team Games</b>
2	<b>Team Games</b> (Building upon Summer Term in Year 1)	<b>Gymnastics</b> (Using apparatus)	<b>Dance</b>	<b>Attacking and Defending</b> (Football based)	<b>Fitness &amp; Athletics</b> (Including Sports Day practise)	<b>Tennis</b> (Soft ball)
3	<b>Attacking &amp; Defending</b> (Football Based - skills)	<b>Gymnastics</b>	<b>Rounders</b>	<b>Dance</b>	<b>Athletics</b>	<b>Swimming</b> (Thursday)
4	<b>Swimming</b> (Thursday)		<b>Dance</b>	<b>Gymnastics</b>	<b>Athletics</b> (Quadkids)	<b>Cricket &amp; Rounders</b>
5	<b>Dance</b>	<b>Gymnastics</b>	<b>Cricket</b> (Children compete during Summer Term)	<b>Athletics</b>	<b>Swimming</b> (Thursday)	<b>Dance</b>
6	<b>Indoor Athletics/Dance</b> (Competition in Autumn Term)	<b>Dance</b> (Competition)	<b>Swimming</b> (Thursday)		<b>Cricket</b> (Children compete during Summer Term) <b>Athletics</b>	

#### Contribution of PE across the Curriculum

At our school, we believe that Physical Education has the potential to make significant contributions to many areas of the curriculum. Physical education will be a tool used to help children to develop skills, knowledge and understanding in areas such as:

- English
- Maths
- Science
- SMSC
- Creativity

#### Assessment

Each half term, the children are assessed against the Cornerstones Curriculum. This assessment is carried out by specialist coaches and then passed onto the PE Coordinator. Opportunities are given for the children to demonstrate skills taught and a decision is made as to whether the children are competently displaying these. Further up the school, and later in the year, children across the school are observed in activities where they can transfer and demonstrate previously taught skills. This is assessed as 'application of skills'

### Monitoring and Evaluation

Subject monitoring including the monitoring of general PE and Sporting activity and the use and impact of the Sports Premium will be carried out by the PE Coordinator with support from the Head Teacher. The following strategies will be used:

- Observation of teaching and learning;
- Tracking and assessing pupil progress and achievement taking into account specific groups;
- Obtaining views of pupils and staff;
- Analysis of records of club attendance.

### The Foundation Stage

The physical development of children in the Foundation Stage is an integral part of their school life and is related to the objectives set out in the Development Matters. The children are encouraged to become competent movers, developing their Fundamental Movement Skills in the way they move, balance and handle equipment, both indoors and outdoors.

### Equality, Diversity and Accessibility

At our school all our pupils will access a broad and balanced PE curriculum, which meets the specific needs of individuals and groups of people, including those who have diverse special educational needs, who are disabled, who have English as an additional language and who are gifted and talented. This will be carried out by effective lesson planning, delivery and assessment and using support staff and appropriate resources.

### Time allocation

All children, from Reception upwards, participate in 1 planned lesson a week with additional opportunities for participation in physical activities during lunchtimes and after school.

### Extra-Curricular Activities

Across the academic year we strive to offer a variety of extra-curricular sporting clubs to a variety of age ranges. The focus of these clubs can be specific to upcoming competitions, response to pupil voice, specialist coaches available or weather dependent. These clubs run for an hour after school and we encourage all pupils of all abilities to participate.

### Competitions and Festivals

Throughout the academic year we give the children opportunities to compete at intra and inter-school levels.

In the summer term, we hold a House Rounder's Competition. Most competitions, organised by the local authority 'Move More' team are for Key Stage 2 children. As part of a Multi-Academy Trust, we compete in the MAT Football league for both girls and boys.

At our school, we encourage children of all abilities to compete at this level. We select children based upon attendance at clubs and enthusiasm for events.

### PE Uniform

The children have a PE uniform as detailed in the school uniform policy and on the school website. If a pupil repeatedly forgets his or her PE kit, a letter is sent home. The school has sets of spare PE clothes to enable those who do forget their kit to participate in lessons.

Plimsolls must be worn for PE, for safety reasons PE lessons cannot be taught with some children in bare feet and some in plimsolls. In the event of trainers being more suitable footwear, children and parents will be informed.

All long hair is tied back for PE lessons and earrings must be removed by the child themselves.

Members of staff, when teaching or partaking in physical activity, will be suitably attired in PE kit.

### PE Equipment & Resources

Any damage to PE equipment is reported to the PE Coordinator as soon as possible and if the damage could cause injury the equipment is isolated from use. This will then be assessed by external contractors. An annual audit of PE resources is undertaken by the PE Coordinator, checking availability, condition and appropriateness. Action is taken where necessary. Staff and pupils are encouraged to look after resources by using the equipment correctly and ensuring that the resources are returned and stored in the right place and tidily. Pupils are taught to carry and handle resources safely.

### Healthy Eating

At our school, we promote a healthy lifestyle. Children in Foundation Stage and Key Stage 1 have a fresh fruit snack provided at break time. Children in Lower Key Stage 2 and Upper Key Stage 2 can bring in a healthy break time snack. Our school meals are planned and cooked by our own school chef. She uses fresh, organic produce.

During PE lessons the children are taught about the importance of being healthy and active and the impact that a healthy lifestyle can have versus an unhealthy lifestyle. Further up school they learn about their heart rate and how to measure it.

### Non-Participation

In the event of a child not able to participate in a PE lesson, a record is kept by the coach/teacher and the note from the parent, if there is one, explaining the situation. If this is a regular occurrence, the class teacher will meet with parents.

### Sports Premium

The Sports Premium is used to support Corporation Road's vision of PE and Sport. The expenditure is posted annually on the school's website. In addition, an annual impact report is also posted online where the key areas of development are measured.

### Recognition

Throughout the academic year, our school have the opportunity to build a portfolio of evidence to be measured against the Sainsbury's School Games Kitemark award.



The school games are focussed around six different values: honesty, respect, passion, determination, team work and self-belief. The values are promoted and encouraged at each event, no matter the level of competition.



There are 3 different levels: Bronze, Silver and Gold. An application is made each year, this can be to retain an award or progress to the next one. We are measured primarily against participation in intra and inter school level sporting activity.



### Health and Safety

At Corporation Road school, all staff have a duty of care to ensure that pupils can actively participate without endangering themselves or those working around them. There are specified first aiders around school.

### Risk Assessments

The importance of safety in PE is made clear to all pupils and lesson planning allows for health and safety consideration in order to minimise risk. Risk assessments exist for the school environment. A risk assessment is completed by the PE Coordinator for pupils attending an off-site sporting event.

### Roles and Responsibilities

It is the role of all adults in school to ensure that children participate safely and happily in physical activities. Moderation of PE lessons and assessment is carried out by the PE Coordinator.