

## PE Long Term Plan 2018-2019

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>1</b>	<b>Basic Skills</b> (Jumping, balancing, awareness of space, running)	<b>Gymnastics</b> (Floor based and beginning to use apparatus)	<b>Basic Skills</b> (Target, throwing, catching, striking, kicking)	<b>Tennis</b> (Basic coordination skills)	<b>Fitness &amp; Athletics</b> (Including Sports Day practise)	<b>Team Games</b>
<b>2</b>	<b>Gymnastics</b> (Using apparatus)	<b>Hockey</b>	<b>Attacking and Defending</b> (Football based)	<b>Basketball</b>	<b>Fitness &amp; Athletics</b> (Including Sports Day practise)	<b>Tennis</b> (Soft ball)
<b>3</b>	<b>Attacking &amp; Defending</b> (Football Based – skills)	<b>Gymnastics</b>	<b>Hockey</b>	<b>Cricket</b>	<b>Athletics</b> (Quadkids)	<b>Swimming</b> <b>(Thursday)</b>
<b>4</b>	<b>Swimming</b> <b>(Thursday)</b>		<b>Gymnastics</b>	<b>Cricket</b>	<b>Athletics</b> (Quadkids)	<b>Tennis</b>
<b>5</b>	<b>Indoor Athletics</b>	<b>Gymnastics</b>	<b>Cricket</b>		<b>Swimming</b> <b>(Thursday)</b>	<b>Athletics</b>
<b>6</b>	<b>Indoor Athletics</b>	<b>Gymnastics</b>	<b>Swimming</b> <b>(Thursday)</b>		<b>Cricket &amp; Athletics</b> (Whole Afternoon)	