



Corporation Road Community Primary School Long Term Planning  
Physical Education  
2015-2016



| <b>Year Group</b> | <b>Autumn 1</b>  | <b>Autumn 2</b>  | <b>Spring 1</b>     | <b>Spring 2</b>   | <b>Summer 1</b>                                    | <b>Summer 2</b>   |
|-------------------|--|--|---------------------|---|--|-------------------|
| 1                 | <b>Basic Skills</b><br>Throwing, jumping, catching, balancing, running | <b>Gymnastics</b>  | <b>Dance</b>        | <b>Ball skills</b><br>(different type of balls, throwing, catching, kicking, target, crazy catch) | <b>Basic athletics and fitness</b><br>(sports day) | <b>Team games</b> |
| 2                 | <b>Gymnastics</b>  | <b>Invasion games - Tag Rugby</b><br>(Applying basic skills) | <b>Basic Skills</b> | <b>Dance</b>  | <b>Basic athletics and fitness</b>                 | <b>Tennis</b>     |
| 3                 | <b>Tag Rugby</b>   | <b>Netball/Gymnastics</b>                                    | <b>Football</b>     | <b>Orienteering/<br/>Nordic<br/>Walking/Athletics</b>   | <b>Swimming</b>                                    | <b>Swimming</b>   |
| 4                 | <b>Swimming</b>  | <b>Swimming</b>  | <b>Swimming</b>     | <b>Swimming</b>   | <b>Outdoor/Athletics</b>                           | <b>Rounders</b>   |
| 5                 | <b>Hockey</b>  | <b>Netball</b>   | <b>Gymnastics</b>   | <b>Golf<br/>Rounders</b>  | <b>Cricket</b>                                     | <b>Athletics</b>  |
| 6                 | <b>Netball/Dance</b>   |  | <b>Hockey</b>       | <b>Athletics</b>  | <b>Cricket</b>                                     | <b>Tennis</b>     |